

Resource Guide created by Lex Horwitz

This guide contains information and resources on current anti-LGBTQ+ legislation—with a focus on the legislation targeting the transgender community—in addition to information on transgender athletes.

Last updated 4/8/22

Note:

Even in many of these incredible resources, there is still misconflation of *sex* and *gender*. And in some cases the use of outdated language (i.e., not affirming or inclusive). This is something to be aware of as you are continuing your education on gender since gender is *not* the same identity as *sex*. Please reach out to Lex via email (queerresistlex@gmail.com) with any questions, or check out their [website](#) for free resources.

[Transathlete.com](#): Transathlete is a resource for students, athletes, coaches, and administrators to find information about trans inclusion in athletics at various levels of play. This site pulls together existing information in one central location, and breaks down information into [easy-to-reference areas](#) to help you find what you need.

[NCAA Inclusion of Transgender Student Athletes](#): This press release from January 2022 states the NCAA's updated policies regarding transgender student athletes' inclusion in sports and eligibility, which is now a "sport-by sport approach to transgender participation." This approach has the potential to cause harm to trans athletes everywhere, and moves away from previous policies that were more inclusive.

[Freedom For All Americans \(Legislation Tracker\)](#): During the 2022 legislative session dozens of states will consider legislation related to LGBTQ+ discrimination, with many attempting to single out and target trans and gender diverse folx for unfair and unequal treatment. Freedom for All Americans is tracking each relevant bill in their 2022 Legislative Tracker, in partnership with the [Equality Federation](#). Here you can find bills related to [prohibiting transgender youth from competing in student athletics](#).

[Freedom For All Americans](#): 2021 legislative session takeaways

[Movement Advancement Project \(MAPS\)](#): This resource contains a detailed interactive roadmap of state laws and policies that target the LGBTQ+ community. Using tallies and a ranking system, this resource uses rigorous data to help understand anti-LGBTQ+ legislation, including

information on bills impacting [trans athletes](#). You can click on individual states for a detailed state-specific breakdown, or select a specific issue.

[Equality Federation State By State Anti-LGBTQ+ Legislation Tracker](#): Use this interactive map to navigate the legislation that continues to threaten the livelihoods of LGBTQ+ people, especially transgender people and their families. In the past we've seen efforts to ban transgender people from using the restroom that matches their gender, and attempts to ban transgender people from getting the healthcare they need. More recently, we're also seeing lawmakers target transgender youth specifically by trying to retract access to [gender affirming healthcare](#), [sports](#), and facilities that align with their gender.

[Center for American Progress](#): The Center for American Progress is an independent nonpartisan policy institute that is dedicated to improving the lives of all Americans. In their publication, "[Fair Play: The Importance of Sports Participation for Transgender Youth](#) (with a [Fact Sheet](#))", they break down the trans in athletics "debate" using up-to-date research and information. Lex was interviewed for this publication.

[ACLU: Legislation affecting LGBTQ+ rights across the country 2022](#): Use this resource to learn more about the anti-LGBTQ+ legislation introduced across the nation, with information on each bill—the state, bill number, status, and description. *Updated weekly*. Learn more about legislation introduced in 2021 [here](#).

[Human Rights Campaign](#): A summary of the anti-LGBTQ, including specifically anti-trans, legislation introduced and passed since 2021. *Published October 25, 2021*.

[2021 Officially Becomes Worst Year in Recent History for LGBTQ State Legislative Attacks as Unprecedented Number of States Enact Record-Shattering Number of Anti-LGBTQ Measures Into Law](#): This article has a detailed breakdown of the 2021 anti-LGBTQ state legislation from January 1st through May 7th, 2021.

Information on anti-LGBTQ legislation introduced in 2022

[Over 240 anti-LGBTQ+ bills introduced so far in 2022](#), published by NBC News
[Anti-LGBTQ+ 2022 bills explained](#), published *them*.

[Anti-Trans Legislation that Moved forward the week of March 7th](#), published *them*.

[Supporting Transgender Youth and Their Families Amidst Trans Sports Bans](#) (downloadable resource): Produced by Athlete Ally, Trans Athlete, GLSEN, Gender Spectrum, PFLAG, and The National Center for Transgender Equality with information on understanding these targeted attacks information on supports and other resources.

[OutSports Exclusive: NCAA champion CeCé Telfer says ‘I have no benefit’ by being trans](#)

[“IOC Consensus Meeting on Sex Reassignment and Hyperandrogenism \(November 2015\)”](#): Letter from the International Olympic Committee. NOTE: This language (i.e., sex reassignment) is outdated, not inclusive, and should *not* be used. It is offensive to many folx and implies that someone is only transgender if they medicalize their body—in addition to implying that a transgender person must have a binary identity. Neither of these implications are true and are harmful to the transgender community. When referring or talking about surgery, say “gender affirmation surgery (GAS)” or “gender affirming surgery” (another way to discuss GAS is to say Gender Confirmation Surgery, however the most inclusive thing to say is GAS).

[The National Center for Transgender Equality’s 2015 U.S. Transgender Survey](#): The National Center for Transgender Equality (NCTE) is the nation’s leading social justice policy advocacy organization devoted to ending discrimination and violence against transgender people. The 2015 U.S. Transgender Survey (USTS) is the largest survey examining the experiences of transgender people in the United States, with 27,715 respondents from all fifty states, the District of Columbia, American Samoa, Guam, Puerto Rico, and U.S. military bases overseas. Conducted in the summer of 2015 by the National Center for Transgender Equality, the USTS was an anonymous, online survey for transgender adults (18 and older) in the United States, available in English and Spanish. The report of the 2015 USTS provides a detailed look at the experiences of transgender people across a wide range of categories, such as education, employment, family life, health, housing, and interactions with the criminal justice system. The findings reveal disturbing patterns of mistreatment and discrimination and startling disparities between transgender people in the survey and the U.S. population when it comes to the most basic elements of life, such as finding a job, having a place to live, accessing medical care, and enjoying the support of family and community. Survey respondents also experienced harassment and violence at alarmingly high rates. Several themes emerge from the thousands of data points presented in the full survey report. Read the summary or full report to learn more.

[Know Your Rights](#): GLAD Legal Advocates and Defenders (search by issue or state)

About Lex

[Athlete Ally](#) (2020)

[Strong Athletic](#) (2019): Lex Horwitz's story

[Strong Athletic](#): Lex Horwitz breaks down the transgender athletes "debate" (written in 2019)

Anti Trans Sports Bills By State (not a comprehensive list)

Utah

<https://www.npr.org/2022/03/25/1088908741/utah-transgender-athletes-veto-override>

Georgia

<https://www.pinknews.co.uk/2022/04/05/georgia-trans-sports-ban-committee-oversight/>

Oklahoma

<https://www.cnn.com/2022/03/30/politics/oklahoma-anti-trans-sports-bill/index.html>

South Carolina

<https://www.hrc.org/press-releases/human-rights-campaign-condemns-south-carolina-house-pass-age-of-anti-transgender-sports-ban>

Iowa

<https://www.cnn.com/2022/03/03/politics/iowa-transgender-sports-ban/index.html>

South Dakota

<https://www.cnn.com/2022/02/04/politics/transgender-sports-ban-south-dakota/index.html>

Indiana

<https://www.hrc.org/press-releases/human-rights-campaign-condemns-passage-of-anti-trans-sports-ban-by-indiana-lawmakers>

There are SO many resources out there that are not listed here. Your learning doesn't stop here, make sure to do your own research!

Recommended resources to further your education:

1. [Trans Athlete](#)
2. [Athlete Ally](#)
3. [NESCAC Diversity and Inclusion Resources](#)

4. [ACLU Transgender Rights](#)
5. [Transgender Law Center](#)
6. [National Center for Transgender Equality](#)
7. [GLSEN](#)
8. [The Trevor Project](#)
9. [Gender Spectrum](#)
10. [Williams Institute \(UCLA\)](#)
11. [Center for American Progress](#)
12. [Trans Student Educational Resources](#)

If you have resources you would like to have added to this guide, please email queerresistlex@gmail.com with the subject line “(*TOPIC*) RESOURCE FOR WEBSITE”.

If you are sharing this resource with others, please give credit to Lex (and share their [website!](#))